



Mountain West Society of Plastic Surgeons

8TH ANNUAL MEETING

February 23-26, 2023 | Crested Butte, CO

OFFICIAL PROGRAM

Elevation Hotel and Spa

mwsp.org



AMERICAN SOCIETY OF
PLASTIC SURGEONS®

An affiliated organization of ASPS

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2023**

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RTI Surgical, SIA, Sientra, Sonex Health, Stryker,
TELA Bio, Inc., ViOptix



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AMERICAN SOCIETY OF PLASTIC SURGEONS®

PLASTIC SURGERY

SPRING MEETING

March 3-5, 2023

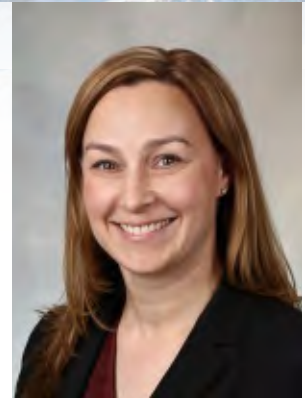
AESTHETIC • BREAST • PRACTICE MANAGEMENT

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PlasticSurgery.org/SpringMeeting



WELCOME LETTER

Dear Friends and Colleagues,

Welcome to the 8th Annual Mountain West Society of Plastic Surgeons Meeting held in Crested Butte, Colorado from February 23 – February 26, 2023. We are excited to have you join us and are looking forward to hosting another fun-filled and educational conference. Last year's event was a great reminder of how wonderful it can be when we are able to gather in-person, and I am so glad that you have chosen to join us for another unique experience. We are fortunate to have found a home for this year's meeting in Crested Butte, an authentic mining town that also happens to have exceptional skiing and great terrain. Crested Butte has been called "the last great ski town in Colorado" and we think you'll enjoy all the experiences available to you here. The Elevation Hotel will be the site of our educational meetings and will provide easy access to the slopes for recreational activities during the scheduled break times. We have a great program planned, featuring presentations from plastic surgeons practicing within the mountain west region and throughout the country. Experts in reconstructive surgery, aesthetic, hand and craniofacial surgery will update us on current standards and innovative surgical approaches. Our keynote speaker this year will be Nicole LaVoi, PhD, a Senior Lecturer in social and behavioral sciences at the School of Kinesiology at the University of Minnesota and the Director of the Tucker Center for research on girls and women in sports.

The MWSPS was formed in early 2016 as a regional society whose mission is to promote research and support education in the field of plastic surgery and to foster the development of plastic surgery in the mountain west region of the United States.

The MWSPS includes plastic surgeons and plastic surgery training programs in Arizona, Colorado, Idaho, Montana, Nevada, New Mexico, Utah and Wyoming. The five institutions with plastic surgery training programs in the region (Mayo Arizona, University of Colorado, University of Nevada, University of New Mexico and University of Utah) have all committed to support this society and to participate in the annual meeting. A key component of our society's mission is education and establishing the annual meeting has provided us with a vehicle for scientific interchange, social and professional networking for surgeons, residents, advanced practitioners, nurses, researchers, students and guests. This year's annual meeting will once again provide unique opportunities for our residents and fellows; with mock orals taking place on Saturday morning and oral abstract presentations on Sunday morning. During the breaks and evening sessions, the opportunity to present and discuss research posters is also highlighted.

I'm extremely excited to host the MWSPS Annual Meeting with our ASPS partners in Crested Butte, Colorado.

There's no better place on earth than "the last great ski town in Colorado" to both earn CMEs and hit the slopes in a true skier's paradise.

A handwritten signature in black ink, appearing to read "Alanna R." followed by a flourish.

Alanna Rebecca, MD, MBA
President, MWSPS
Associate Professor of Surgery
Mayo Clinic College of Medicine





MEETING EVALUATION AND CME CREDIT CLAIM INFORMATION

LEARNING OBJECTIVES:

Upon completion of this live virtual activity, participants should be able to do the following:

1. Incorporate into practice the latest scientific advances impacting plastic surgery.
2. Summarize the latest research and clinical innovations in plastic surgery.
3. Recognize opportunities to increase the safety of both aesthetic and reconstructive procedures.



Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education® (ACCME®) through the joint providership of the American Society of Plastic Surgeons® (ASPS®) and Mountain West Society of Plastic Surgeons® (MWSPS®). The ASPS® is accredited by the ACCME to provide continuing medical education for physicians.

Designation: The American Society of Plastic Surgeons designates this live activity for a maximum of **11.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Policy: The American Society of Plastic Surgeons (ASPS) requires all instructors, planners, reviewers, managers, and other individuals in a position to control or influence the content of an activity to disclose all relevant financial relationships or affiliations. All identified conflicts of interest must be resolved and the educational content thoroughly vetted by ASPS for fair balance, scientific objectivity, and appropriateness of patient care recommendations. ASPS also requires faculty/authors to disclose when off-label/unapproved uses of product are discussed in a CME activity or included in related materials.

Disclaimer: *Disclaimer: All relevant financial relationships for planners, faculty, and others in control of content (either individually or as a group) are reviewed by the ASPS Continuing Education Committee and have been mitigated, if applicable.*

Additional Programs: For Physician Assistants and Nurse Practitioners, these credits have been designated as **AMA PRA Category 1 Credits™** by an ACCME accredited organization and are applicable to these certifications. These credits/hours may be applicable to your profession. Check [PlasticSurgery.org/CME](https://www.plasticsurgery.org/CME) for more information.



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* Faculty subject to change

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University of California San Diego, San Diego, California

Neel Bhagat

Indiana University School of Medicine

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University of Utah

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University of New Mexico, Albuquerque, NM

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Allerganaesthetics.com



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Acera-surgical.com



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Allosource.org



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Resensation is a surgical nerve repair technique designed to restore sensation after mastectomy, it can help your patients look and feel like themselves again.

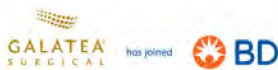
Axogeninc.com



Bimini Health

BIMINI HEALTH TECH is a medical device company that develops, acquires, and commercializes targeted bio-therapeutic solutions. Founded in 2013, our focus is on breast reconstruction, aesthetics and sports medicine products & therapies. Our brands include PUREGRAFT®, DERMAPOSE®, HEALEON® and KERASTEM®. Our product portfolio has been successfully used to treat hundreds of thousands of patients worldwide.

Biminihealthtech.com



Galatea Surgical has joined BD

Fat Grafting, Breast Reconstruction, Aesthetic

BD is a medical technology company advancing health by improving discovery, diagnostics and delivery. Our portfolio, leadership and partnerships make a difference for global healthcare.

BD.com/en-us



Deep Blue

Medical Device

Deep Blue Medical Advances' T-Line Hernia Mesh has the potential to reduce hernia occurrence and recurrence by preventing or reducing mesh fixation failure.

Deepbluemedical.com



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Irrimax.com



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Kerecis.com



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Breastimplantsbymentor.com/home



MTF Biologics

MTF Biologics is a global nonprofit organization that saves and heals lives by honoring donated gifts, serving patients and advancing science.

MTFbiologics.org

EXHIBITOR LISTINGS (AS OF FEBRUARY 14, 2023)



PMT Corporation

PMT® Corporation offers Integra™ Breast and Extremity Tissue Expanders, Allura® Vaginal Stent, Permark® micropigmentation products, along with MicroMat™ microsurgical background and Jaw Bra facial garment.

PMTcorp.com



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NovoSorb® BTM (Biodegradable Temporizing Matrix) is a sterile, acellular, synthetic dermal matrix designed to generate a vascularized neodermis for wound closure and reconstruction in a single application.

Polynovo.com



Ronin Surgical Corp.

Ronin Surgical Corp. - makers of the X6 Surgical Headlight System. The wireless X6 is the lightest, brightest, longest-running operating room surgical headlight on the market.

RoninSurgical.com



RTI Surgical

RTI Surgical's PRS portfolio includes allograft and xenograft options for general and plastic surgery: Cortiva® Allograft Dermis, Fortiva® Porcine Dermis, and Tutopatch® /Tutomes® Bovine.

Rtix.com



SIA

SIA — the manufacturer of DuraSorb® Monofilament Mesh, is committed to raising the standard of care in plastic, reconstructive and general surgery.

SIA.health



Sientra

Sientra offers leading transformative treatments and technologies focused on progressing the art of plastic surgery and making a difference in patients' lives.

Sientra.com



Sonex Health

Sonex Health's mission is to be a world leader in ultrasound-guided procedures by delivering physicians innovative therapies that reduce invasiveness, improve safety, and reduce cost of care.

Sonexhealth.com



Stryker

Stryker is one of the world's leading medical technology companies and, together with its customers, is driven to make healthcare better. The company offers innovative products and services in Orthopaedics, Medical and Surgical, and Neurotechnology and Spine that help improve patient and hospital outcomes. More information is available at www.stryker.com.

Stryker.com



TELA Bio, Inc.

TELA Bio, Inc. is a commercial stage medical technology company focused on providing innovative soft-tissue reconstruction solutions that optimize clinical outcomes.

Telabio.com



ViOptix, Inc.

ViOptix is the recognized leader in real-time measurement of tissue viability. We help clinicians obtain non-invasive, objective, real-time measurement of StO2 in the soft tissues affected by many surgical procedures.

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PROGRAM

THURSDAY, FEBRUARY 23, 2023

3:00 PM Registration and Exhibits Opens

7:00 – 8:00 PM Exhibits and Welcome Reception

FRIDAY, FEBRUARY 24, 2023

(Registration 6:30 AM – 6:30 PM)

7:00 – 8:00 AM Breakfast with the Exhibitors

8:00 – 8:05 AM Welcome Address
Alanna Rebecca, MD
MWSPS President, Mayo Clinic, Arizona

8:05 – 8:10 AM ASPS Update
Howard Levinson, MD, FACS
PSF President

8:10 – 11:30 AM Faculty Presentations
Moderators: Jayant Agarwal, MD and
David Mathes, MD

8:10 – 8:25 AM Ethnic Considerations for
Breast Reconstruction in African
American Women
Angela Cheng, MD
Emory Healthcare

8:40 – 8:55 AM Goldilocks Mastectomy:
Just Right for the “Right” Patient
Aparna Vijayasekaran, MBBS
Mayo Clinic Rochester

8:55 – 9:10 AM Ethics and Innovation in Surgery:
One Step at a Time
Chad Teven, MD, MBA, FACS, HEC-C
Northwestern Medicine

9:10 – 9:25 AM Attached at the Hip; Hemipelvectomy,
Extended Hemisacrectomy and Spine
Multidisciplinary Approach to Sarcoma
Krista Goulding, MD
Mayo Clinic Phoenix

9:25 – 9:40 AM Adolescent Breast Disorders
Nicole Kurnik, MD
Phoenix Childrens Hospital

9:40 – 9:55 AM 3D Printing for Plastic Innovation
Alexander Lin, MD
University of California San Francisco

10:00 – 10:30 AM The Plastic Surgeon Innovator and
ASPS/PSF Member Support – It
Takes a Team
Howard Levinson, MD, FACS
University of California San Francisco

10:30 AM – 3:00 PM Recess

3:00 – 4:00 PM Break with the Exhibitors

4:00 – 6:15 PM Faculty Abstracts
Moderators: Gregory Borah, MD and
Ashley Pistorio, MD

4:00 – 4:12 PM Artificial Intelligence as an Emerging
Tool in the Planning and Assessment of
Reconstructive Surgery
Edward Ray, MD, FACS
Cedars-Sinai

4:15 – 4:27 PM The Ewing Amputation: Lessons
Learned from the First 31 Cases
Matthew Carty, MD
Brigham and Women's Hospital

4:30 – 4:42 PM Prophylactic Muscle Flaps as an Adjunct
to Complex Spine Surgery: Experience
from 500 Spinoplastics Cases
David Brown, MD, PhD
Duke University Medical Center

4:45 – 4:57 PM Breast Conservation Therapy
In The Augmented Woman
Alexander Mericli, MD
MD Anderson

5:00 – 5:12 PM The Free TDAP as a Versatile Flap in
Donor Site Depleted Microsurgical
Breast Reconstruction
Matthew Wise, MD
Center for Restorative Breast Surgery

5:15 – 5:27 PM The Effect of Early Drain Cultures and
Integral Drain Expanders on Tissue
Expander Failure: The 40/40 Study
Hunter Moyer, MD
Monument Health

5:30 – 5:42 PM Implant-Based Breast Reconstruction
in the Ptotic and Obese Breast utilizing
Wise pattern, lower pole adipose-fascial
lining flap, and Dual Port Expander
Miguel Medina, III, MD
Baptist Health Miami



PROGRAM

5:45 – 5:57 PM **Gained Experience with Stacked DIEP/DCIAP Free Flaps for Maximizing Viable Volume Transfer from the Abdomen**

Matthew Wise, MD
Center for Restorative Breast Surgery

6:00 - 6:12 PM **Optimizing Sensation With Implant-Based Breast Reconstruction**

Ziv Peled, MD
Peled Plastic Surgery

6:15 - 7:00 PM **Poster Reception**

SATURDAY, FEBRUARY 25, 2023

(Registration 6:30 AM – 6:30 PM)

6:50 – 8:00 AM **Breakfast with the Exhibitors**

7:10 – 8:40 AM **Mock Oral Board Exams**

8:40 – 8:45 AM **Welcome and Announcements**

8:45 – 10:00 AM **Faculty Presentations**
Moderators: *Gregory Borah, MD and Anil Shetty, MD*

8:45 – 9:00 AM **Current Surgical Treatment of Lymphedema**
Fatma Tuncer, MD
University of Utah

9:00 – 9:15 AM **Yoga for Career Longevity**
Kelsey McClure, MD
Mayo Clinic Phoenix

9:15 – 9:30 AM **Gender Dysphoria; The History, The Science and The Treatment**
Cori Agarwal, MD
University of Utah

9:30 – 9:45 AM **Expanding Innovative Strategies for Breast Cancer Related Lymphedema**
Edward Chang, MD
MD Anderson

9:45 – 10:00 AM **Cleft Lip and Palate Care: Updates on NAM**
Nicole Kurnik, MD
Phoenix Childrens Hospital

10:00 – 10:35 AM **Keynote Speaker**
Nicole LaVoi, PhD
University of Minnesota

10:35 AM – 3:15 PM Recess

3:15 – 4:00 PM **Break with Exhibits**

4:00 – 6:00 PM **Faculty Presentations**

4:00 – 4:15 PM **Facial Feminization: The Feminizing Rhinoplasty**
Dana Johns, MD
University of Utah

4:15 – 4:30 PM **Cryoablation for Chest Wall Resection and Reconstruction**
Samine Ravanbhash, MD
Mayo Clinic Arizona

4:30 – 4:45 PM **Microsurgical Breast Reconstruction in the Obese Patient Population**
Arash Momeni, MD
Stanford Medicine

4:45 – 5:00 PM **The Extended Superiomedial Pedicle Reduction Mammoplasty; Effectiveness and Implications on Nipple Viability**
Bruce Mast, MD
University of Florida Health

5:00 – 5:15 PM **Advances in Vascularized Bone Grafting to the Spine: Spinoplastic Surgery**
Edward Reece, MD
Mayo Clinic Arizona

5:15 – 5:30 PM **Technical Aspects of Fat Grafting**
Summer Hanson, MD, PhD
University of Chicago Medicine

5:30 – 5:45 PM **Ultrasound in Practice; Ultrasound Guided Carpal Tunnel Surgery**
Ashley Pistorio, MD, MS
University of Nevada, Las Vegas

5:45 – 6:00 PM **What's New in Mandibular Reconstruction**
Patrick Garvey, MD, FACS
MD Anderson

7:30 - 10:00 PM **Saturday Night Dinner**



PROGRAM

SUNDAY, FEBRUARY 26, 2023

7:00 – 8:00 AM Breakfast

8:00 – 11:00 PM Resident Abstract Session
Moderators: *Tae Chong, MD and David Greenspun, MD*

8:00 – 8:05 AM Omental Vascular Lymph Node Transfer: Outcomes of Open Omentectomy Compared to Utilizing the Da Vinci Single Port System
Jonathan Jeger, MD
Mayo Clinic, Phoenix, AZ

8:05 – 8:10 AM The Intercostal Artery Perforator Flap: Expanding Breast Conserving Therapy with a Modified Oncoplastic Approach
Caitlyn Belza
University of California San Diego, San Diego, California

8:10 – 8:15 AM The Impact of Tamoxifen Therapy on Thrombotic Flap Complications: A Nationwide Analysis
Pooja Yesantherao, MD
Stanford Medicine

8:15 – 8:20 AM Patient Shared Decision-Making in DIEP Flap Donor Site Complications: A Patient Centric Classification Validated by BREAST-Q Improves Satisfaction
Kevin Perez, MSc
University of Texas

8:20 – 8:25 AM Q&A

8:25 – 8:30 AM The Effect of Body Mass Index on Free Flap Breast Reconstruction
Jack Sudduth, MD
University of Utah

8:30 – 8:35 AM The Impact of COVID-19 on Admission and Length of Stay in Patients Undergoing Mastectomies with Immediate Reconstruction
Shelby Chun Fat, MD, MS
Cedars-Sinai

8:35 – 8:40 AM Experience with Bio-Absorbable Copolymer Mesh in Alloplastic Breast Reconstruction
Caitlyn Belza
UC San Diego, La Jolla, CA

8:40 – 8:45 AM Microvascular Free Flap Reconstruction in Pediatric Extremity Trauma – a Godina Paradigm Complement
Nellie Movtchan, MD
Mayo Clinic Arizona

8:45 – 8:50 AM Q&A

8:50 – 8:55 AM Immediate Lymphatic Reconstruction for the Prevention of Cancer-Related Lymphedema Following Lymphadenectomy for Melanoma
Jessica Marquez
University of Utah

8:55 – 9:00 AM Timing Matters: Outcomes of Flap Coverage Timing After Definitive Fixation of Open Lower Extremity Fractures
Elliot Le, MD
University of Colorado Anschutz Medical Campus

9:00 – 9:05 AM Improving Re-Epithelization After Burn Injuries: The Role of Pixel-Grafting and Wet Wound Healing
Yadira Villalvazo, MD
University of Arizona

9:05 – 9:10 AM Wise Pattern Oncoplastic Reduction/Mastopexy Provides Superior Control of the Skin Pocket Compared to Vertical Pattern Prior to Staged Nipple Sparing Mastectomy
Joseph Kuhn, MD
University of New Mexico, Albuquerque, NM

9:10 – 9:15 AM Q&A

9:15 AM – 9:25 AM Break

9:25 – 9:30 AM A Technical Report of a Functional Flow-Through Vascularized Lymph Node Flap with Two End-to-Side Arterial Anastomoses to Optimize Flap Hemodynamics
Emily Finkelstein
University of Miami, Miami, FL

9:30 – 9:35 AM Preserving Above Knee Amputation Length with Modified Rotationplasty
Aradhana Mehta, MD
University of Nevada



PROGRAM

- 9:35 – 9:40 AM** **A Technique for Neo-Labia Minoroplasty in Gender-Affirming Genital Surgery**
Kaylee Scott, MD
University of Utah
- 9:40 – 9:45 AM** **30-Day Complication Rates After Gender-Affirming Bottom Surgery- An Analysis of the NSQIP Database from 2010-2020**
Camille Baumrucker, MD
GW School of Medicine & Health Sciences
- 9:45 – 9:50 AM** **Assessing the Incidence of Retained Objects in Intra-operative X-Rays for Missing Counts in Plastic Surgery**
David Kerekes, MD
University of Florida
- 9:50 – 9:55 AM** **Q&A**
- 9:55 – 10:00 AM** **Radiation drives local changes in gene expression in breast skin, fibrous capsule, and muscle**
Henning De May, MD
University of Utah
- 10:00 – 10:05 AM** **Topical Mineralocorticoid Inhibition Improves Epithelialization on Healing Full Thickness Wounds**
Pooja Humar
University of Pittsburgh
- 10:05 – 10:10 AM** **Patterns of Facial Fracture Incidence: Updated 2022**
Anna Lee
University of Colorado School of Medicine
- 10:10 – 10:15 AM** **Patient Outcomes Following Septoplasty in Patients with Attention-Deficit/Hyperactivity Disorder**
Kassra Garoosi
University of Colorado School of Medicine
- 10:15 – 10:20 AM** **Frontal Osteomyelitis and Sinusitis Complication After Type III Forehead Contouring**
Max Shrout, MD
Mayo Clinic Arizona
- 10:20 – 10:25 AM** **Q&A**
- 10:25 – 10:30 AM** **The Heart of It All: Body Dysmorphic Disorder in Cosmetic Surgery**
Elliot Le, MD
University of Colorado School of Medicine
- 10:30 – 10:35 AM** **Clinical Significance of Vascular Calcifications on Plain Film of the Hand**
Shawhin Shahriari, MD
University of New Mexico
- 10:35 – 10:40 AM** **Atraumatic Acute Compartment Syndrome of the Hand - Review of Literature and Two Pediatric Cases due to Household Items**
Maxwell Wagner, MD
Eastern Viriginal Medical School
- 10:40 – 10:45 AM** **Risk Factors for Recurrence of Carpal Tunnel Syndrome: A Comparison of Endoscopic and Open Techniques**
Jonathan Freedman, MD
University of Colorado
- 10:45 – 10:50 AM** **Pediced Vascularized Joint Transfer for Digital Reconstruction**
Neel Bhagat
Indiana University School of Medicine
- 10:50 – 10:55 AM** **Q&A**
-
- 11:00 Adjourn**

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There has never been a better time to formally join the Mountain West Society of Plastic Surgeons (MWSPS).

The Mountain West Society was founded to promote comradery and education in the field of plastic surgery in the Mountain West Region of the United States.

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